



# Naturespirit Herbs

*Harvesting from the Wild since 1990*



## Wildcrafted Herbs Catalog Spring 2021

To order by phone call (541) 846-7995

Monday thru Friday - 8:00 am to 5:00 pm Pacific Time

PO Box 150 • Williams OR 97544 • [www.naturespiritherbs.com](http://www.naturespiritherbs.com)

We have been harvesting medicinal wild plants, seaweeds and fungi for more than 30 years. We understand the plants we work with. Each species is harvested at its prime stage of development, in a way that causes minimal impact on future plant populations.

Each herb has a harvest season. Please order before the harvest season starts. We do not usually keep herbs in stock; we go out and harvest them for people that order them. This means that you always get freshly harvested herbs. We maintain a list of herbs currently in stock at the "Bulk Wildcrafted Herbs" section of our website. We also sell some herbs in smaller quantities through our Etsy store.

We charge actual shipping cost, with a \$10 minimum. Prices and availability are subject to change without notice. We do not accept returns of wildcrafted herbs unless we have made a mistake.

Common name ( <i>Latin name</i> )	Part	Season	Price per pound					
			Fresh 5-24 lbs	Fresh 25-99	Fresh 100+	Dried 1-4 lbs	Dried 5-24	Dried 25-99
<b>Agarikon</b> ( <i>Fomitopsis officinalis</i> )	Fungus	May-Oct	—	—	—	240.00	208.00	192.00
<b>Ambrosia</b> ( <i>Ambrosia chamissonis</i> )	Herb	May-Jun	28.00	24.00	22.00	64.00	56.00	51.00
<b>Arnica</b> ( <i>Arnica cordifolia/tomentella</i> )	Whl plant	Jun-Jul	36.00	31.00	29.00	84.00	63.00	58.00
<b>Artist's Conk</b> ( <i>Ganoderma applanatum</i> )	Fungus	Sep-May	—	—	—	72.00	63.00	58.00
<b>Aspen</b> ( <i>Populus tremuloides</i> )	Bark	Aug-Oct	—	—	—	24.00	21.00	19.00
<b>Balsamroot</b> ( <i>Balsamorhiza saggitata</i> )	Root	Sep-Oct	24.00	21.00	19.00	—	—	—
<b>Baneberry</b> ( <i>Actea rubra</i> )	Root	Aug-Oct	24.00	21.00	19.00	64.00	56.00	51.00
<b>Bittersweet</b> ( <i>Solanum dulcamara</i> )	Stems	Oct-Nov	48.00	42.00	38.00	140.00	120.00	112.00
<b>Bleeding Heart</b> ( <i>Dicentra formosa</i> )	Root	Aug-Sep	36.00	31.00	29.00	—	—	—
<b>Butterbur</b> ( <i>Petasites palmatus</i> )	Root	Aug-Oct	28.00	24.00	22.00	64.00	56.00	51.00
<b>Calamus, American</b> ( <i>Acorus americanus</i> )	Root	Sep-Oct	28.00	24.00	22.00	64.00	56.00	51.00
<b>Calif. Poppy</b> ( <i>Eschscholzia californica</i> )	Herb	Apr-May	24.00	21.00	19.00	56.00	49.00	45.00
<b>Cascara Sagrada</b> ( <i>Frangula purshiana</i> )	Bark	Sep-Nov	—	—	—	40.00	35.00	32.00
<b>Cedar, Western Red</b> ( <i>Thuja plicata</i> )	Leafy tips	Sep-Nov	18.00	16.00	14.00	40.00	35.00	32.00
<b>Corn Lily</b> ( <i>Veratrum californicum</i> )	Root	Sep-Oct	20.00	17.00	15.00	56.00	49.00	45.00
<b>Cow Parsnip</b> ( <i>Heracleum lanatum</i> )	Root	Sep-Oct	36.00	31.00	29.00	—	—	—
<b>Dandelion</b> ( <i>Taraxacum officinale</i> )	Root	Sep-Oct	24.00	21.00	19.00	—	—	—
<b>Devil's Club</b> ( <i>Oplopanax horridus</i> )	Root/bark	Sep-Nov	40.00	35.00	32.00	84.00	63.00	58.00
<b>Elderberry</b> ( <i>Sambucus caerulea</i> )	Berries	September	24.00	21.00	19.00	56.00	49.00	45.00
<b>Fireweed</b> ( <i>Epilobium angustifolia</i> )	Herb	Jun-Jul	16.00	14.00	12.00	44.00	38.00	35.00
<b>Hawthorn, Douglas</b> ( <i>Crataegus douglasii</i> )	Flwrng tips	Apr-May	28.00	24.00	22.00	72.00	63.00	58.00
<b>Hawthorn, English</b> ( <i>Crat. monogyna</i> )	Berries	Sep-Oct	20.00	17.00	15.00	48.00	42.00	38.00
<b>Horse Chestnut</b> ( <i>Aesculus hippocastanum</i> )	Nuts	Sep-Oct	16.00	14.00	12.00	40.00	35.00	32.00

Common name ( <i>Latin name</i> )	Part	Season	Price per pound					
			Fresh 5-24 lbs	Fresh 25-99	Fresh 100+	Dried 1-4 lbs	Dried 5-24	Dried 25-99
<b>Horsetail</b> ( <i>Equisetum telmateia</i> )	Herb	Apr-Aug	14.00	12.00	11.00	44.00	38.00	35.00
<b>Huckleberry</b> ( <i>Vaccinium ovatum</i> )	Leafy tips	July-Sep	18.00	16.00	14.00	40.00	35.00	32.00
<b>Iknish</b> ( <i>Lomatium californicum</i> )	Root	Oct-Nov	48.00	42.00	38.00	96.00	84.00	76.00
<b>Indian Paint Fungus</b> ( <i>Echinodontium tinctorium</i> )	Fungus	Aug-Oct	—	—	—	120.00	104.00	96.00
<b>Indian Warrior Buds</b> ( <i>Pedicularis densiflora</i> )	Flwr buds	Feb-Mar	—	—	—	280.00	243.00	224.00
<b>Indian Warrior Herb</b> ( <i>Pedicularis densiflora</i> )	Herb	Feb-Mar	28.00	24.00	22.00	84.00	63.00	58.00
<b>Japanese Knotweed</b> ( <i>Polygonum cuspidatum</i> )	Root	Sep-Nov	28.00	24.00	22.00	64.00	56.00	51.00
<b>Licorice Fern</b> ( <i>Polypodium glycyrrhiza</i> )	Root	Feb-May	64.00	56.00	51.00	180.00	156.00	144.00
<b>Lomatium</b> ( <i>Lomatium dissectum</i> )	Root	Sep-Oct	28.00	24.00	22.00	64.00	56.00	51.00
<b>Lungwort Lichen</b> ( <i>Lobaria pulmonaria</i> )	Lichen	Feb-May	—	—	—	72.00	63.00	58.00
<b>Mugwort</b> ( <i>Artemisia douglasiana</i> )	Herb	May-July	20.00	17.00	15.00	48.00	42.00	38.00
<b>Mullein</b> ( <i>Verbascum thapsus</i> )	Leaf	Apr-May	18.00	16.00	14.00	48.00	42.00	38.00
<b>Nettle Herb</b> ( <i>Urtica dioica</i> )	Herb	April-May	24.00	21.00	19.00	56.00	49.00	45.00
<b>Nettle Root</b> ( <i>Urtica dioica</i> )	Root	Sep-Oct	20.00	17.00	15.00	48.00	42.00	38.00
<b>Nettle Seed</b> ( <i>Urtica dioica</i> )	Seed	August	28.00	24.00	22.00	64.00	56.00	51.00
<b>Oregon Grape, Low</b> ( <i>Mahonia nervosa</i> )	Root	Sep-Dec	18.00	16.00	14.00	40.00	35.00	32.00
<b>Oregon Grape, Tall</b> ( <i>Mah. aquifolium</i> )	Root	Sep-Dec	18.00	16.00	14.00	40.00	35.00	32.00
<b>Periwinkle</b> ( <i>Vinca major</i> )	Herb	May-Oct	18.00	16.00	14.00	44.00	38.00	35.00
<b>Pipsissewa</b> ( <i>Chimaphila umbellata</i> )	Herb	May-Oct	20.00	17.00	15.00	48.00	42.00	38.00
<b>Pulsatilla</b> ( <i>Anemone occidentalis</i> )	Herb	August	48.00	42.00	38.00	—	—	—
<b>Red-Belted Polypore</b> ( <i>Fomitopsis pinicola</i> )	Fungus	May-Oct	—	—	—	72.00	63.00	58.00
<b>Red Root</b> ( <i>Ceanothus cuneatus</i> )	Root	Sep-Nov	24.00	21.00	19.00	56.00	49.00	45.00
<b>Reishi, Oregon</b> ( <i>Ganoderma oregonense</i> )	Fungus	Sep-Oct	48.00	42.00	38.00	180.00	156.00	144.00
<b>Scotch Broom</b> ( <i>Cytisus scoparius</i> )	12" fl tips	Apr-May	18.00	16.00	14.00	48.00	42.00	38.00
<b>Scouring Rush</b> ( <i>Equisetum hyemale</i> )	Herb	May-Oct	18.00	16.00	14.00	48.00	42.00	38.00
<b>Self Heal</b> ( <i>Prunella vulgaris</i> )	Herb	May-Aug	32.00	28.00	26.00	72.00	63.00	58.00
<b>Silk Tassel</b> ( <i>Garrya fremontii</i> )	Leafy tips	Sep-Nov	20.00	17.00	15.00	48.00	42.00	38.00
<b>Spikenard Berry</b> ( <i>Aralia californica</i> )	Berries	Sep-Oct	48.00	42.00	38.00	—	—	—
<b>Spikenard Root</b> ( <i>Aralia californica</i> )	Root	Oct-Nov	20.00	17.00	15.00	64.00	56.00	51.00
<b>St. John's Wort</b> ( <i>Hypericum perforatum</i> )	3-5" fl tips	Jun-Jul	20.00	17.00	15.00	48.00	42.00	38.00
<b>Turkey Tail</b> ( <i>Trametes versicolor</i> )	Fungus	Nov-May	—	—	—	180.00	156.00	144.00
<b>Usnea</b> ( <i>Usnea spp.</i> )	Lichen	Feb-May	—	—	—	56.00	49.00	45.00
<b>Valerian, Sitka</b> ( <i>Valeriana sitchensis</i> )	Root	Aug-Oct	40.00	35.00	32.00	140.00	120.00	112.00
<b>Wild Carrot Seed</b> ( <i>Daucus carota</i> )	Seed	Aug-Sep	—	—	—	120.00	104.00	96.00
<b>Wild Cherry Bark</b> ( <i>Prunus emarginata</i> )	Bark	Sep-Oct	24.00	21.00	19.00	40.00	35.00	32.00
<b>Wild Lettuce</b> ( <i>Lactuca serriola</i> )	Herb	Jun-Jul	18.00	16.00	14.00	48.00	42.00	38.00
<b>Willow Bark</b> ( <i>Salix scouleriana</i> )	Bark	Mar-May	24.00	21.00	19.00	40.00	35.00	32.00
<b>Willow Conk</b> ( <i>Phellinus igniarius</i> )	Fungus	Mar-May	—	—	—	120.00	104.00	96.00
<b>Yarrow</b> ( <i>Achillea millefolium</i> )	Flower	Jun-Jul	20.00	17.00	15.00	48.00	42.00	38.00
<b>Yellow Pond Lily</b> ( <i>Nuphar polysepalum</i> )	Root	Aug-Oct	24.00	21.00	19.00	56.00	49.00	45.00
<b>Yerba Mansa</b> ( <i>Anemopsis californica</i> )	Root	Sep-Oct	28.00	24.00	22.00	72.00	63.00	58.00
<b>Yerba Santa</b> ( <i>Eriodictyon californicum</i> )	Leafy tips	Aug-Oct	24.00	21.00	19.00	56.00	49.00	45.00
<b>Yew</b> ( <i>Taxus brevifolia</i> )	Leafy tips	Aug-Sep	28.00	24.00	22.00	64.00	56.00	51.00