



Naturespirit Herbs

Harvesting from the Wild since 1990

Wildcrafted Herbs Catalog

Spring 2022



To order by phone call (541) 846-7995

Monday thru Friday - 8:00 am to 5:00 pm Pacific Time

PO Box 150 • Williams OR 97544 • www.naturespiritherbs.com

We have been harvesting medicinal wild plants, seaweeds and fungi for 30+ years. We understand the plants we work with. Each species is harvested at its prime stage of development, in a way that causes minimal impact on future plant populations. We harvest almost everything within 100 miles of our home in southwestern Oregon.

The harvest season for each herb is listed below. Please order before the harvest season starts. We will harvest and ship your herbs when they are ready. We sometimes have a few dried herbs in stock; a list of these is available at the Wildcrafted Herbs page on our website. We also sell herbs in smaller quantities at our Etsy store.

We usually ship fresh herbs by UPS and dried herbs by USPS. Shipping costs are paid by the customer. We are not responsible for packages that have been damaged, delayed or lost by the shipper. If your product arrives damaged or delayed, please notify us immediately so we can file a claim.

We do not accept returns of wildcrafted herbs unless we have made a mistake.

Common name (<i>Latin name</i>)	Part	Season	Price per pound					
			Fresh 5-24 lbs	Fresh 25-99	Fresh 100+	Dried 1-4 lbs	Dried 5-24	Dried 25-99
Agarikon (<i>Fomitopsis officinalis</i>)	Fungus	May-Oct	—	—	—	240.00	204.00	180.00
Arnica (<i>Arnica cordifolia/tomentella</i>)	Whl plant	Jun-Jul	40.00	34.00	30.00	84.00	71.00	63.00
Artist's Conk (<i>Ganoderma applanatum</i>)	Fungus	Sep-May	—	—	—	72.00	61.00	54.00
Aspen (<i>Populus tremuloides</i>)	Bark	May-Oct	16.00	13.50	12.00	32.00	27.00	24.00
Balsamroot (<i>Balsamorhiza saggitata</i>)	Root	Sep-Oct	32.00	27.00	24.00	64.00	54.00	48.00
Baneberry (<i>Actea rubra</i>)	Root	Aug-Oct	28.00	24.00	21.00	72.00	61.00	54.00
Bittersweet (<i>Solanum dulcamara</i>)	Stems	Oct-Nov	56.00	49.00	45.00	120.00	102.00	90.00
Black Walnut (<i>Juglans nigra</i>)	Nuts	Oct-Nov	15.00	13.00	11.00	—	—	—
Bleeding Heart (<i>Dicentra formosa</i>)	Root	Aug-Sep	36.00	31.00	27.00	84.00	71.00	63.00
Butterbur (<i>Petasites palmatus</i>)	Root	Aug-Oct	28.00	24.00	21.00	64.00	54.00	48.00
Calamus/Sweet Flag, American (<i>Acorus americanus</i>)	Root	Sep-Oct	28.00	24.00	21.00	64.00	54.00	48.00
Calif. Poppy (<i>Eschscholzia californica</i>)	Herb	Apr-May	24.00	20.00	18.00	56.00	48.00	42.00
Cascara Sagrada (<i>Frangula purshiana</i>)	Bark	Sep-Nov	—	—	—	40.00	34.00	30.00
Corn Lily (<i>Veratrum californicum</i>)	Root	Sep-Oct	24.00	20.00	18.00	64.00	54.00	48.00
Dandelion (<i>Taraxacum officinale</i>)	Root	Sep-Oct	24.00	20.00	18.00	56.00	48.00	42.00
Devil's Club (<i>Oplopanax horridus</i>)	Root/bark	Sep-Nov	44.00	37.00	33.00	96.00	82.00	72.00
Elderberry (<i>Sambucus caerulea</i>)	Berries	September	24.00	20.00	18.00	56.00	48.00	42.00
Fireweed (<i>Epilobium angustifolia</i>)	Herb	Jun-Jul	18.00	15.50	13.50	44.00	37.00	33.00
Hawthorn, Black (<i>Crataegus douglasii</i>)	Flwrng tips	Apr-May	36.00	31.00	27.00	84.00	71.00	63.00
Hawthorn, English (<i>C. monogyna</i>)	Berries	Sep-Oct	20.00	17.00	15.00	48.00	41.00	36.00
Horse Chestnut (<i>Aesculus hippocastanum</i>)	Nuts	Sep-Oct	14.00	12.00	10.50	28.00	24.00	21.00

Common name (<i>Latin name</i>)	Part	Season	Price per pound					
			Fresh 5-24 lbs	Fresh 25-99	Fresh 100+	Dried 1-4 lbs	Dried 5-24	Dried 25-99
Horsetail (<i>Equisetum telmateia</i>)	Herb	Apr-Aug	15.00	13.00	11.00	44.00	37.00	33.00
Huckleberry (<i>Vaccinium ovatum</i>)	Leafy tips	July-Sep	20.00	17.00	15.00	44.00	37.00	33.00
Iknish (<i>Lomatium californicum</i>)	Root	Oct-Nov	56.00	48.00	42.00	140.00	119.00	105.00
Indian Paint Fungus (<i>Echinodontium tinctorium</i>)	Fungus	Aug-Oct	—	—	—	120.00	102.00	90.00
Indian Warrior Flower Buds (<i>Pedicularis densiflora</i>)	Flwr buds	Feb-Mar	—	—	—	320.00	272.00	240.00
Indian Warrior Herb (<i>Pedicularis densiflora</i>)	Herb	Feb-Mar	32.00	27.00	24.00	96.00	82.00	72.00
Japanese Knotweed (<i>Polygonum cuspidatum</i>)	Root	Sep-Nov	32.00	27.00	24.00	72.00	61.00	54.00
Licorice Fern (<i>Polypodium glycyrrhiza</i>)	Root	Feb-May	84.00	71.00	63.00	180.00	153.00	135.00
Lomatium (<i>Lomatium dissectum</i>)	Root	Sep-Oct	28.00	24.00	21.00	64.00	54.00	48.00
Lungwort Lichen (<i>Lobaria pulmonaria</i>)	Lichen	Feb-May	—	—	—	72.00	63.00	58.00
Mugwort (<i>Artemisia douglasiana</i>)	Herb	May-Jul	20.00	17.00	15.00	48.00	41.00	36.00
Mullein (<i>Verbascum thapsus</i>)	Leaf	Apr-May	18.00	16.00	14.00	48.00	41.00	36.00
Nettle Herb (<i>Urtica dioica</i>)	Leafy Tips	Apr-May	20.00	17.00	15.00	56.00	48.00	42.00
Nettle Root (<i>Urtica dioica</i>)	Root	Sep-Oct	24.00	20.00	18.00	56.00	48.00	42.00
Nettle Seed (<i>Urtica dioica</i>)	Seed	August	36.00	31.00	27.00	64.00	54.00	48.00
Oregon Grape, Low (<i>Mahonia nervosa</i>)	Root	Sep-Dec	20.00	17.00	15.00	40.00	34.00	30.00
Oregon Grape, Tall (<i>M. aquifolium</i>)	Root	Sep-Dec	18.00	15.50	13.50	36.00	31.00	27.00
Osha, Oregon (<i>Ligusticum grayi</i>)	Root	Aug-Oct	72.00	61.00	54.00	180.00	156.00	144.00
Periwinkle (<i>Vinca major</i>)	Herb	May-Oct	20.00	17.00	15.00	44.00	37.00	33.00
Pipsissewa (<i>Chimaphila umbellata</i>)	Herb	Aug-Oct	24.00	20.00	18.00	56.00	48.00	42.00
Pulsatilla (<i>Anemone occidentalis</i>)	Herb	August	48.00	41.00	36.00	—	—	—
Ragweed, Beach (<i>Ambrosia chamissonis</i>)	Herb	May-Jun	28.00	24.00	21.00	64.00	54.00	48.00
Red-Belted Polypore (<i>Fomitopsis pinicola</i>)	Fungus	May-Oct	—	—	—	72.00	61.00	54.00
Red Root (<i>Ceanothus cuneatus</i>)	Root	Sep-Nov	28.00	24.00	21.00	56.00	49.00	45.00
Reishi, Oregon (<i>Ganoderma oregonense</i>)	Fungus	Sep-Oct	48.00	41.00	36.00	180.00	153.00	135.00
Scotch Broom (<i>Cytisus scoparius</i>)	12" fl tips	Apr-May	18.00	15.50	13.50	48.00	41.00	36.00
Self Heal (<i>Prunella vulgaris</i>)	Herb	May-Aug	36.00	31.00	27.00	84.00	71.00	63.00
Silk Tassel (<i>Garrya fremontii</i>)	Leafy tips	Sep-Nov	22.00	19.00	16.50	48.00	41.00	36.00
Spikenard Berry (<i>Aralia californica</i>)	Berries	Sep-Oct	56.00	48.00	42.00	—	—	—
Spikenard Root (<i>Aralia californica</i>)	Root	Oct-Nov	24.00	21.00	19.00	72.00	61.00	54.00
St. John's Wort (<i>Hypericum perforatum</i>)	3-5" fl tips	Jun-Jul	22.00	19.00	16.50	48.00	41.00	36.00
Turkey Tail (<i>Trametes versicolor</i>)	Fungus	Nov-May	—	—	—	180.00	156.00	144.00
Usnea (<i>Usnea spp.</i>)	Lichen	Feb-May	—	—	—	64.00	54.00	48.00
Valerian, Sitka (<i>Valeriana sitchensis</i>)	Root	Jul-Sep	48.00	41.00	36.00	160.00	136.00	120.00
Wild Cherry Bark (<i>Prunus emarginata</i>)	Bark	Sep-Oct	—	—	—	40.00	34.00	30.00
Wild Lettuce (<i>Lactuca serriola</i>)	Herb	Jun-Jul	20.00	17.00	15.00	48.00	41.00	36.00
Willow Bark (<i>Salix scouleriana</i>)	Bark	Mar-May	—	—	—	40.00	34.00	30.00
Willow Conk (<i>Phellinus igniarius</i>)	Fungus	Mar-May	—	—	—	120.00	102.00	90.00
Yarrow (<i>Achillea millefolium</i>)	Flower	Jun-Jul	24.00	20.00	18.00	56.00	48.00	42.00
Yellow Pond Lily (<i>Nuphar polysepalum</i>)	Root	Aug-Oct	28.00	24.00	21.00	64.00	54.00	48.00
Yerba Mansa (<i>Anemopsis californica</i>)	Root	Sep-Oct	36.00	31.00	27.00	96.00	82.00	72.00
Yerba Santa (<i>Eriodictyon californicum</i>)	Leafy tips	Aug-Oct	24.00	20.00	18.00	56.00	48.00	42.00
Yew (<i>Taxus brevifolia</i>)	Leafy tips	Aug-Sep	28.00	24.00	21.00	64.00	54.00	48.00