



Naturespirit Herbs

2023 Wildcrafted Herbs Catalog



Harvesting from the Wild since 1990

To order by phone call (541) 846-7995

Monday to Friday - 8 am to 5 pm Pacific Time

info@naturespiritherbs.com • www.naturespiritherbs.com

We have been harvesting medicinal wild plants, seaweeds and fungi for 30+ years. We understand the plants we work with. Each species is harvested at its prime stage of development, in a way that causes minimal impact on future plant populations. We harvest almost everything within 100 miles of our home in southwestern Oregon.

The harvest season for each herb is listed below. Please order before the harvest season starts. We will harvest and ship your herbs when they are ready. We sometimes have a few dried herbs in stock; a list of these is available at the Wildcrafted Herbs page on our website. We also sell herbs in smaller quantities at our Etsy store.

We usually ship fresh herbs by UPS and dried herbs by USPS. Shipping costs are paid by the customer. We are not responsible for packages that have been damaged, delayed or lost by the shipper. If your product arrives damaged or delayed, please notify us immediately so we can file a claim.

We do not accept returns of wildcrafted herbs unless we have made a mistake.

Common name (<i>Latin name</i>)	Part	Season	Price per pound					
			Fresh 5-24 lbs	Fresh 25-99	Fresh 100+	Dried 1-4 lbs	Dried 5-24	Dried 25-99
Agarikon (<i>Fomitopsis officinalis</i>)	Fungus	May-Oct	—	—	—	260.00	220.00	200.00
Arnica (<i>Arnica cordifolia/tomentella</i>)	Whl plant	Jun-Jul	44.00	37.00	33.00	96.00	82.00	72.00
Artist's Conk (<i>Ganoderma applanatum</i>)	Fungus	Sep-May	—	—	—	84.00	71.00	63.00
Aspen (<i>Populus tremuloides</i>)	Bark	May-Oct	20.00	17.00	15.00	40.00	34.00	30.00
Balsamroot (<i>Balsamorhiza saggitata</i>)	Root	Sep-Oct	36.00	31.00	27.00	72.00	61.00	54.00
Baneberry (<i>Actea rubra</i>)	Root	Aug-Oct	36.00	31.00	27.00	84.00	63.00	58.00
Bittersweet (<i>Solanum dulcamara</i>)	Stems	Oct-Nov	64.00	54.00	48.00	140.00	119.00	105.00
Black Walnut (<i>Juglans nigra/hindsii</i>)	Nuts	Oct-Nov	16.00	13.50	12.00	—	—	—
Bleeding Heart (<i>Dicentra formosa</i>)	Root	Aug-Sep	40.00	34.00	30.00	96.00	82.00	72.00
Butterbur (<i>Petasites palmatus</i>)	Root	Aug-Oct	32.00	27.00	24.00	72.00	61.00	54.00
Calamus, American (<i>Acorus americanus</i>)	Root	Sep-Oct	32.00	27.00	24.00	64.00	54.00	48.00
Calif. Poppy (<i>Eschscholzia californica</i>)	Herb	Apr-May	24.00	20.00	18.00	56.00	48.00	42.00
Cascara Sagrada (<i>Frangula purshiana</i>)	Bark	Sep-Nov	—	—	—	40.00	34.00	30.00
Corn Lily (<i>Veratrum californicum</i>)	Root	Sep-Oct	28.00	24.00	21.00	72.00	61.00	54.00
Dandelion (<i>Taraxacum officinale</i>)	Root	Sep-Oct	28.00	24.00	21.00	64.00	54.00	48.00
Devil's Club (<i>Oplopanax horridus</i>)	Root/bark	Sep-Nov	—	—	—	96.00	82.00	72.00
Elderberry (<i>Sambucus caerulea</i>)	Berries	September	24.00	20.00	18.00	56.00	48.00	42.00
Fireweed (<i>Epilobium angustifolia</i>)	Herb	Jun-Jul	18.00	15.50	13.50	44.00	37.00	33.00
Hawthorn, Black (<i>Crataegus douglasii</i>)	Flwrng tips	Apr-May	36.00	31.00	27.00	84.00	71.00	63.00
Hawthorn, English (<i>Crat. monogyna</i>)	Berries	Sep-Oct	22.00	19.00	16.50	48.00	41.00	36.00
Hawthorn, English (<i>Crat. monogyna</i>)	Flwrng tips	Apr-May	36.00	31.00	27.00	84.00	71.00	63.00

Common name (<i>Latin name</i>)	Part	Season	Price per pound					
			Fresh 5-24 lbs	Fresh 25-99	Fresh 100+	Dried 1-4 lbs	Dried 5-24	Dried 25-99
Horse Chestnut (<i>Aescul. hippocastanum</i>)	Nuts	Sep-Oct	14.00	12.00	10.50	24.00	20.00	18.00
Horsetail (<i>Equisetum telmateia</i>)	Herb	Apr-Jun	15.00	13.00	11.00	44.00	37.00	33.00
Huckleberry (<i>Vaccinium ovatum</i>)	Leafy tips	July-Sep	22.00	19.00	16.50	44.00	37.00	33.00
Iknish (<i>Lomatium californicum</i>)	Root	Oct-Nov	64.00	54.00	48.00	160.00	136.00	120.00
Indian Warrior (<i>Pedicularis densiflora</i>)	Flwr buds	Feb-Mar	—	—	—	300.00	255.00	225.00
Indian Warrior (<i>Pedicularis densiflora</i>)	Herb	Feb-Mar	32.00	27.00	24.00	96.00	82.00	72.00
Japanese Knotweed (<i>Polyg. cuspidatum</i>)	Root	Sep-Nov	36.00	31.00	27.00	72.00	61.00	54.00
Licorice Fern (<i>Polypodium glycyrrhiza</i>)	Root	Feb-May	90.00	77.00	68.00	200.00	170.00	150.00
Lomatium (<i>Lomatium dissectum</i>)	Root	Jul-Aug	30.00	25.50	22.50	64.00	54.00	48.00
Lungwort Lichen (<i>Lobaria pulmonaria</i>)	Lichen	Feb-May	—	—	—	84.00	71.00	63.00
Mugwort (<i>Artemisia douglasiana</i>)	Herb	May-Jul	24.00	20.00	18.00	56.00	48.00	42.00
Mullein (<i>Verbascum thapsus</i>)	Leaf	Apr-May	22.00	19.00	16.50	64.00	54.00	48.00
Nettle Herb (<i>Urtica dioica</i>)	Leafy Tips	Apr-May	20.00	17.00	15.00	60.00	51.00	45.00
Nettle Root (<i>Urtica dioica</i>)	Root	Sep-Oct	26.00	22.00	19.50	60.00	51.00	45.00
Nettle Seed (<i>Urtica dioica</i>)	Seed	August	48.00	41.00	36.00	72.00	63.00	58.00
Oregon Grape, Low (<i>Mahonia nervosa</i>)	Root	Sep-Nov	20.00	17.00	15.00	40.00	34.00	30.00
Oregon Grape, Tall (<i>M. aquifolium</i>)	Root	Sep-Nov	20.00	17.00	15.00	40.00	34.00	30.00
Osha (<i>Ligusticum grayi</i>)	Root	Jul-Aug	64.00	54.00	48.00	160.00	136.00	120.00
Periwinkle (<i>Vinca major</i>)	Herb	Aug-Oct	24.00	20.00	18.00	56.00	48.00	42.00
Pipsissewa (<i>Chimaphila umbellata</i>)	Herb	Aug-Oct	28.00	24.00	21.00	64.00	54.00	48.00
Plantain, Lanceleaf (<i>Plantago lanceolata</i>)	Herb	Apr-May	36.00	31.00	27.00	84.00	71.00	63.00
Pulsatilla (<i>Anemone occidentalis</i>)	Herb	August	52.00	44.00	39.00	—	—	—
Puncture Vine (<i>Tribulus terrestris</i>)	Herb	Jul-Sep	36.00	31.00	27.00	84.00	71.00	63.00
Ragweed (<i>Ambrosia chamissonis</i>)	Herb	May-Jun	32.00	27.00	24.00	72.00	61.00	54.00
Red-Belted Conk (<i>Fomitopsis pinicola</i>)	Fungus	May-Oct	—	—	—	84.00	71.00	63.00
Red Root (<i>Ceanothus cuneatus</i>)	Root	Sep-Nov	36.00	31.00	27.00	72.00	61.00	54.00
Reishi (<i>Ganoderma oregonense</i>)	Fungus	Sep-Oct	56.00	48.00	42.00	200.00	170.00	150.00
Scotch Broom (<i>Cytisus scoparius</i>)	12" flw tips	Apr-May	22.00	19.00	16.50	56.00	48.00	42.00
Scouring Rush (<i>Equisetum hyemale</i>)	Herb	May-Oct	18.00	16.00	14.00	48.00	42.00	38.00
Self Heal (<i>Prunella vulgaris</i>)	Herb	May-Aug	40.00	34.00	30.00	96.00	82.00	72.00
Silk Tassel (<i>Garrya fremontii</i>)	Leafy tips	Sep-Nov	22.00	19.00	16.50	48.00	41.00	36.00
Spikenard Berry (<i>Aralia californica</i>)	Berries	Sep-Oct	56.00	48.00	42.00	—	—	—
Spikenard Root (<i>Aralia californica</i>)	Root	Oct-Nov	24.00	21.00	19.00	72.00	61.00	54.00
St. John's Wort (<i>Hypericum perforatum</i>)	5" flw tips	Jun-Jul	28.00	24.00	21.00	64.00	54.00	48.00
Sweet Root (<i>Osmorrhiza occidentalis</i>)	Root	Jul-Aug	64.00	54.00	48.00	160.00	136.00	120.00
Turkey Tail (<i>Trametes versicolor</i>)	Fungus	Nov-May	—	—	—	180.00	153.00	135.00
Usnea (<i>Usnea spp.</i>)	Lichen	Feb-May	—	—	—	64.00	54.00	48.00
Valerian, Sitka (<i>Valeriana sitchensis</i>)	Root	Jul-Aug	72.00	61.00	54.00	200.00	170.00	150.00
Wild Cherry (<i>Prunus emarginata</i>)	Bark	Sep-Oct	20.00	17.00	15.00	40.00	34.00	30.00
Wild Ginger (<i>Asarum caudatum</i>)	Whl Plant	Jul-Oct	36.00	31.00	27.00	84.00	71.00	63.00
Wild Lettuce (<i>Lactuca serriola</i>)	Herb	Jun-Jul	22.00	19.00	16.50	56.00	49.00	45.00
Willow (<i>Salix scouleriana</i>)	Bark	Mar-May	20.00	17.00	15.00	40.00	34.00	30.00
Willow Conk (<i>Phellinus igniarius</i>)	Fungus	May-Oct	—	—	—	140.00	119.00	105.00
Yarrow (<i>Achillea millefolium</i>)	Flower	Jun-Jul	28.00	24.00	21.00	64.00	54.00	48.00
Yellow Pond Lily (<i>Nuphar polysepalum</i>)	Root	Aug-Oct	36.00	31.00	27.00	84.00	71.00	63.00
Yerba Mansa (<i>Anemopsis californica</i>)	Root	Sep-Oct	40.00	34.00	30.00	120.00	102.00	90.00
Yerba Santa (<i>Eriodictyon californicum</i>)	Leafy tips	Aug-Oct	32.00	27.00	24.00	72.00	61.00	54.00
Yew (<i>Taxus brevifolia</i>)	Leafy tips	Aug-Oct	32.00	27.00	24.00	68.00	58.00	51.00