



Naturespirit Herbs



Harvesting from the wild since 1990

2025 Wildcrafted Herbs Catalog

To order by phone call (541) 846-7995

Monday to Friday - 9 am to 5 pm Pacific Time

info@naturespiritherbs.com - www.naturespiritherbs.com

We have been harvesting medicinal wild plants, fungi and seaweeds for 35+ years. We understand the plants we work with. Each species is harvested at its prime stage of development, in a way that causes minimal impact on future plant populations. We harvest almost everything within 100 miles of our home in southwestern Oregon.

The harvest season for each herb is listed below. Please order before the harvest season starts. We will harvest and ship your herbs when they are ready. Customers agree to purchase up to 10% more than the amount ordered. We do not accept returns of wildcrafted herbs unless we have made a mistake.

We usually ship fresh herbs by UPS and dried herbs by USPS. Shipping costs are paid by the customer. We are not responsible for packages that have been damaged, delayed or lost by the shipper. If your product arrives damaged or delayed (or does not arrive at all) please notify us immediately so we can file a claim.

We often have some dried herbs and fungi in stock. A list of these is available at the Wildcrafted Herbs page on our website. We also sell herbs and fungi in smaller quantities at our Etsy store.

Our Seaweed Products, Herbal Extracts, and Medicinal Mushroom Tea Mix are available at our website.

Common name (<i>Latin name</i>)	Part	Season	Price per pound					
			Fresh 5-24 lbs	Fresh 25-99	Fresh 100+	Dried 1-4 lbs	Dried 5-24	Dried 25-99
Agarikon (<i>Fomitopsis officinalis</i>)	Fungus	All year	—	—	—	280.00	238.00	210.00
Alder (<i>Alnus rubra</i>)	Bark	Sep-Feb	22.00	19.00	16.50	46.00	39.00	34.50
Angelica, Sawtooth (<i>Angelica arguta</i>)	Root	Sep-Nov	55.00	47.00	41.00	140.00	119.00	105.00
Artist's Conk (<i>Ganoderma applanatum/brownii</i>)	Fungus	All year	—	—	—	94.00	80.00	70.50
Aspen (<i>Populus tremuloides</i>)	Bark	Sep-May	28.00	24.00	21.00	60.00	51.00	45.00
Balsamroot (<i>Balsamorhiza saggitata</i>)	Root	Sep-Oct	36.00	31.00	27.00	79.00	67.00	59.00
Baneberry (<i>Actea rubra</i>)	Root	Aug-Oct	39.00	33.00	29.00	110.00	93.50	83.00
Bittersweet (<i>Solanum dulcamara</i>)	Stems	Oct-Nov	66.00	56.00	49.50	140.00	119.00	105.00
Black Walnut (<i>Juglans nigra/hindsii</i>)	Nuts	Oct-Nov	20.00	17.00	15.00	—	—	—
Bleeding Heart (<i>Dicentra formosa</i>)	Root	Aug-Sep	46.00	39.00	34.50	120.00	102.00	90.00
Butterbur (<i>Petasites palmatus</i>)	Root	Aug-Oct	33.00	28.00	25.00	79.00	67.00	59.00
Calamus, American (<i>Acorus americanus</i>)	Root	Sep-Oct	36.00	31.00	27.00	79.00	67.00	59.00
Corn Lily (<i>Veratrum californicum</i>)	Root	Sep-Oct	30.00	25.50	22.50	84.00	71.00	63.00
Devil's Club (<i>Oplopanax horridus</i>)	Root/bark	Sep-Nov	—	—	—	94.00	80.00	70.50
Dogbane (<i>Apocynum cannabinum</i>)	Root	Aug-Oct	—	—	—	94.00	80.00	70.50
Elderberry (<i>Sambucus cerulea</i>)	Berries	September	26.00	22.00	19.50	72.00	61.00	54.00
Fireweed (<i>Epilobium angustifolia</i>)	Herb	Jun-Jul	20.00	17.00	15.00	50.00	42.50	37.50
Hawthorn (<i>Crataegus monogyna</i>)	Berries	Sep-Oct	36.00	31.00	27.00	—	—	—
Hawthorn (<i>Crat. monogyna/douglasii</i>)	Flwrng tips	Apr-May	46.00	39.00	34.50	94.00	80.00	70.50

Common name (<i>Latin name</i>)	Part	Season	Price per pound					
			Fresh 5-24 lbs	Fresh 25-99	Fresh 100+	Dried 1-4 lbs	Dried 5-24	Dried 25-99
Horse Chestnut (<i>Aesculus hippocastanum</i>)	Nuts	Sep-Oct	16.00	13.50	12.00	33.00	28.00	25.00
Horsetail (<i>Equisetum telmateia</i>)	Herb	Apr-Jun	16.00	13.50	12.00	50.00	42.50	37.50
Huckleberry (<i>Vaccinium ovatum</i>)	Leafy tips	July-Sep	26.00	22.00	19.50	55.00	47.00	41.00
Indian Paint Fungus (<i>Echinodontium tinctorium</i>)	Fungus	Aug-Oct	—	—	—	190.00	162.00	143.00
Indian Warrior (<i>Pedicularis densiflora</i>)	Flwr buds	Feb-Mar	—	—	—	320.00	272.00	240.00
Indian Warrior (<i>Pedicularis densiflora</i>)	Herb	Feb-Mar	36.00	31.00	27.00	102.00	87.00	77.00
Japanese Knotweed (<i>Polygonum cuspidatum</i>)	Root	Sep-Nov	39.00	33.00	29.00	86.00	73.00	64.50
Licorice Fern (<i>Polypodium glycyrrhiza</i>)	Root	Feb-May	110.00	93.50	83.00	240.00	204.00	180.00
Lomatium (<i>Lomatium dissectum</i>)	Root	Jul-Aug	33.00	28.00	25.00	66.00	56.00	49.50
Lungwort Lichen (<i>Lobaria pulmonaria</i>)	Lichen	Feb-May	—	—	—	94.00	80.00	70.50
Mugwort (<i>Artemisia douglasiana</i>)	Herb	May-Jul	30.00	25.50	22.50	72.00	61.00	54.00
Mullein (<i>Verbascum thapsus</i>)	Leaf	Apr-May	26.00	22.00	19.50	79.00	67.00	59.00
Nettle Herb (<i>Urtica dioica</i>)	Leafy Tips	Apr-May	22.00	19.00	16.50	66.00	56.00	49.50
Nettle Root (<i>Urtica dioica</i>)	Root	Sep-Oct	30.00	25.50	22.50	72.00	61.00	54.00
Nettle Seed (<i>Urtica dioica</i>)	Seed	August	50.00	42.50	37.50	79.00	67.00	59.00
Oregon Grape, Low (<i>Mahonia nervosa</i>)	Root	Sep-Nov	30.00	25.50	22.50	60.00	51.00	45.00
Oregon Grape, Tall (<i>Mahonia aquifolium</i>)	Root	Sep-Nov	24.00	20.00	18.00	46.00	39.00	34.50
Osha, Oregon (<i>Ligusticum grayi</i>)	Root	Jul-Aug	72.00	61.00	54.00	180.00	153.00	135.00
Periwinkle (<i>Vinca major</i>)	Herb	Aug-Oct	26.00	22.00	19.50	60.00	51.00	45.00
Pipsissewa (<i>Chimaphila umbellata</i>)	Herb	Aug-Oct	30.00	25.50	22.50	66.00	56.00	49.50
Plantain, Lanceleaf (<i>Plantago lanceolata</i>)	Herb	Apr-May	46.00	39.00	34.50	120.00	102.00	90.00
Pulsatilla (<i>Anemone occidentalis</i>)	Herb	August	66.00	56.00	49.50	—	—	—
Puncture Vine (<i>Tribulus terrestris</i>)	Herb	Jul-Sep	36.00	31.00	27.00	84.00	71.00	63.00
Ragweed (<i>Ambrosia chamissonis</i>)	Herb	May-Jun	39.00	33.00	29.00	94.00	80.00	70.50
Red-Belted Conk (<i>Fomitopsis pinicola</i>)	Fungus	All year	—	—	—	94.00	80.00	70.50
Red Root (<i>Ceanothus cuneatus</i>)	Root	Sep-Nov	39.00	33.00	29.00	79.00	67.00	59.00
Reishi (<i>Ganoderma oregonense</i>)	Fungus	Sep-Oct	60.00	51.00	45.00	220.00	187.00	165.00
Scotch Broom (<i>Cytisus scoparius</i>)	12" flw tips	April	24.00	20.00	18.00	60.00	51.00	45.00
Self-Heal (<i>Prunella vulgaris</i>)	Herb	May-Aug	46.00	39.00	34.50	120.00	102.00	90.00
Silk Tassel (<i>Garrya fremontii</i>)	Leafy tips	Sep-Nov	26.00	22.00	19.50	60.00	51.00	45.00
Spikenard Berry (<i>Aralia californica</i>)	Berries	September	60.00	51.00	45.00	—	—	—
Spikenard Root (<i>Aralia californica</i>)	Root	Oct-Nov	28.00	24.00	21.00	86.00	73.00	64.50
Stream Orchid (<i>Epipactis gigantea</i>)	Herb	Aug-Sep	66.00	56.00	49.50	—	—	—
Sweet Root (<i>Osmorrhiza occidentalis</i>)	Root	Jul-Aug	72.00	61.00	54.00	180.00	153.00	135.00
Turkey Tail (<i>Trametes versicolor</i>)	Fungus	All year	—	—	—	200.00	170.00	150.00
Usnea (<i>Usnea spp.</i>)	Lichen	All year	—	—	—	72.00	61.00	54.00
Wild Cherry (<i>Prunus emarginata</i>)	Bark	Sep-Oct	30.00	25.50	22.50	72.00	61.00	54.00
Wild Ginger (<i>Asarum caudatum</i>)	Root	Jul-Oct	50.00	42.50	37.50	140.00	119.00	105.00
Wild Lettuce (<i>Lactuca serriola</i>)	Herb	Jun-Jul	24.00	20.00	18.00	60.00	51.00	45.00
Willow (<i>Salix scouleriana</i>)	Bark	Mar-May	22.00	19.00	16.50	46.00	39.00	34.50
Willow Conk (<i>Phellinus igniarius</i>)	Fungus	All year	—	—	—	160.00	136.00	120.00
Yarrow (<i>Achillea millefolium</i>)	Flower	Jun-Jul	30.00	25.50	22.50	66.00	56.00	49.50
Yellow Pond Lily (<i>Nuphar polysepala</i>)	Root	Aug-Oct	39.00	33.00	29.00	94.00	80.00	70.50
Yerba Mansa (<i>Anemopsis californica</i>)	Root	Sep-Oct	46.00	39.00	34.50	160.00	136.00	120.00
Yerba Santa (<i>Eriodictyon californicum</i>)	Leafy tips	Aug-Oct	33.00	28.00	25.00	72.00	61.00	54.00
Yew (<i>Taxus brevifolia</i>)	Leafy tips	Aug-Oct	36.00	31.00	27.00	79.00	67.00	59.00